

## Kolleens Constitution

### Article 1

#### Purpose and Mission

The Kolleens Dance Team is a cooperative group of dancers/athletes who strive to promote the vision of Bloomington Athletics. The goal is to promote school spirit and involvement, teamwork, dedication, strong work ethic and respect. A successful team is a result of two things: mutual respect among team members and a common vision about where the team is going.

The mission of the Kolleens Dance Team is to provide dancers with a successful and meaningful educational experience. Team members have personal goals of high academic achievement, increasing their dance ability, learning effective time management, forming strong friendships, and learning to become a valuable team member. The success of this team is due to the incredible dedication from the dancers, parent involvement and experienced coaches. Dancers exhibit great sportsmanship and positive attitudes toward teammates, competitors, school, and parents. The dancers have the utmost respect for their coaching staff.

### Article 2

#### Auditions

##### Section I

All dancers between the grades of 7-12 are eligible to audition for the Kolleens Dance Team. The audition process will take place in the fall. The coaching staff will select the members of the team. Candidates must attend an audition workshop to be familiar with necessary material for auditions.

- All dancers must audition every year.
- No scores or judges sheets will be distributed.

**\*\*\*FINAL PLACEMENT DECISION WILL BE UP TO THE COACHING STAFF AND DECISIONS MAY NOT BE DISPUTED.**

##### Section II

Auditions will be held throughout the competition season to determine whether a dancer will be on B-Squad, Junior Varsity or Varsity. There will be an opportunity for team members to move up throughout the season, as well as member moving down.

**\*\*\*FINAL PLACEMENT DECISION WILL BE UP TO THE COACHING STAFF AND DECISIONS MAY NOT BE DISPUTED.**

### Article 3

#### Eligibility

A dancer is eligible if she:

- Has completed the high school registration form
- Has paid the Athletic Fee
- Has a **current** physical on file
- Has parent permission
- Has signed the constitution stating that all parties involved will abide by the constitution
- Will comply with the MSHSL standards and will make appropriate progress towards graduation by maintaining a C average
- **Also each dancer must pay the \$125 fee to the KBC.**

### Article 4

#### Expectations

Every member of the Kolleens will be held accountable for her actions at all times. This includes outside of practice. **If her actions are not in the best interest of the team or will in anyway jeopardize the team goals, expectations, reputation and well being, she will face serious consequences.** This takes simple common sense; know the difference between right and wrong. Each Kolleen must take PERSONAL RESPONSIBILITY to be a strong, trustworthy, and valuable team member.

- RESPECT: All dancers must show respect to all coaches, team members, booster club, administration, and faculty. Respect the school facilities and property.
- COMMUNICATION: To provide a comfortable and successful environment all lines of communications must be open between coaches, captains, team members, and parents. This is strongly encouraged, if not expected!
- DEDICATION: It is expected that when a dancer is in practice that she give 100% of her effort at all times. Furthermore she must be at all practices and events fully prepared.
- SUPPORT: All coaches, dancers, and parents are expected to show support to our program as a whole. Without complete support from all groups, we cannot effectively continue to build a strong, cohesive team.
- PRIDE: Show pride in your role as a member of the Kennedy Kolleens Dance Team and as representative of Kennedy and Jefferson High Schools. It is an honor to be a part of this strong and successful tradition.

Consequences for inappropriate actions will be left up to the discretion of the coaching staff and this will follow the MSHSL rules, as well as both Kennedy and Jefferson High School rules.

#### Article 5 Practices

##### Section I

All practices are **MANDATORY!** Tardiness is not accepted without a note from a parent, teacher, or administrator. Please notify coach **prior** to an absence for approval via email or voicemail. **A message from another dancer will not be permitted as notification.** If a dancer is taking a test after school, a pass from the teacher is required. Dancers must schedule all work, appointments, etc. around dance team practice.

- A dancer must be in school to attend practice.
- Excessive absences are taken seriously. If you have **more than two** unexcused absences, you will be asked to rethink your membership of the team.
- If you are feeling too ill to practice, you should not be at practice. A dancer, who sits out of practice due to an illness will be asked to go home if seen fit by the coaching staff.
- A dancer, who sits out of practice or is absent from practice **within one week** before a competition or performance, will **NOT** perform if seen fit by the coaching staff.

**\*\*\*DECISIONS REGARDING ABSENCES WILL BE UP TO THE COACHING STAFF AND DECISIONS MAY NOT BE DISPUTED.**

##### Section II

Dancers must bring inhalers or any other medications to practice each day as necessary. If necessary, bring a doctor's note to the coach at the beginning of the season containing specific instructions of what to do in case of an emergency.

##### Section III

The following items must be brought to practice everyday. Failure to do so will result in a tardy for the day. Also, CELL PHONES, JEWELRY and GUM are not allowed at practice and will also result in a tardy. A locker will be provided if requested by the dancer.

- Athletic shoes

- Jazz shoes
- Hair is in a bun that does not fall out
- Shorts (with tights underneath) or form fitting pants
- Shirts that covers your midsection
- 2 Sports bra
- Water bottle
- **Jazz days** - black leggings with a black leotard
- **Kick days** - Appropriate color shirt and shorts or pants

#### Section IV

Cell phones are not permitted at practice. They become a huge distraction to the team. If you need to get a hold of a dancer, the coaching staff will have their cell phones available during practice, otherwise it can wait.

### Article 6 Competitions

#### Section I

Not each member of the team will dance at every competition. Cuts will be made for each individual competition based on coaching discretion and will only be discussed with the dancer. The coaching staff will exercise the ability to move dancer between the Junior Varsity and Varsity teams at any time.

#### Section II

##### Conference Meets:

The dancers will not be allowed to be on their cell phones while they are at a Conference Meet. These meets are short and they need to focus on competing and not keeping up with social media.

##### Invitationals:

Because these days are longer, the dancers will be allowed to have their cell phones, but only during the down time. These times are up to the coaches.

**\*\*\*If you need to get ahold of your dancer for emergency purposes only, the coaching staff will have their cell phones and you can contact them.**

### Article 7 Attendance Policy

#### Section I

All practices, performances, competitions and team events are mandatory. Dancers must notify coach via email or phone call **prior** to an absence. The coach will determine if an absence is considered excused, for example, funeral, illness (w/doctor's note) and school sponsored trip/activity.

#### Section II

If the dancer has an absence within one week of a meet/competition the dancer will be pulled from that routine.

**\*\*\*3 TARDIES IS EQUAL TO ONE UNEXCUSED ABSENCE**

#### Section III

If a dancer makes the decision to quit, therefore no longer be a part of the team, she will not be permitted to tryout for the team again. Special circumstances can be arranged, with the coach, for a leave of absence from the team.

### Article 8 Concerns and Conflicts

Dancers must go to the coach with any concerns. This will lead to a quicker solution.  
**Coaching decisions will not be discussed with parents, only dancers.**

Article 9  
Fundraising

Each Kolleens Dance Team member is expected to take an active role in all fundraisers. Failure to do so will result in consequences of coach's discretion. It is required that each team member check in and out of appropriate fundraising activities with a coach or Fundraiser Chair. Failure to do so will automatically assumed that the dancer did not properly fulfill her requirements of participation.

Article 10  
Costumes

Section I

Costumes will be borrowed by the dance team. These costumes must be kept clean and in good repair.

Section II

Kolleens are responsible for turning in costumes that are clean and in good condition. If the costumes are returned with missing items, damages or are dirty, the dancer will be charged to replace or fix the costumes.

Costumes cost a lot of money and it is important that each dancer takes good care of it. We use these costumes for many years and they need to stay in good shape.

Article 11  
Grades

Each dancer must maintain a C average or above, to participate in Kolleens activities. Failure to do so will result in suspension from the team, performances and/or competitions. Random grades checks will occur throughout the season. A dancer must take responsibility and get help before it is too late.

**\*\*\*NO DANCER WILL LETTER OR RECEIVE A PARTICIPATION BAR IF SHE DOES NOT MAINTAIN A "C" AVERAGE.**

Article 12  
Substance Abuse Policy

- The use of alcohol, tobacco or illegal drugs will not be tolerated.
- All MSHSL rules will be strictly followed and enforced.

**\*\*\*NO DANCER WILL LETTER OR RECEIVE PARTICIPATION BAR IF SHE HAS RECEIVED A VIOLATION FOR THAT SEASON.**

Article 13  
Social Media Policy

With social media becoming more and more a part of our day-to-day life, you MUST be mindful at what you are putting out there. The moment you press send, you can never take it back. THINK before you send; what would my grandmother say?

- We will following the district's social media policy
  - Failure to comply to those guidelines will result in consequences with the school, as well as the team.
- You are a part of a team. What you put out there affects the entire team.

Article 14  
Lettering Policy

The dancer who fulfills the expectations of a Varsity Dance Team member will receive a Varsity Letter Award.

- Maintain a C average
- Maintain 90% attendance
- Competes in at least **one** Varsity kick and **one** jazz competition
- Is current on all money issues

**\*\*\*THE COACHING STAFF WILL DETERMINE THOSE MEMBERS WHO WILL RECEIVE A PARTICIPATION BAR AND VARSITY LETTER AWARD.**

BY LAWS

1. **No hazing or ridicule of team members shall be permitted ever.** All Kolleens will abide by the Student Code of Conduct and the rules of the MSHSL. Any violation will result in consequences given by the coach and administration.
2. Kolleens and the KBC will make no commitments for Kolleens performances or appearances without the permission of the head coach.
3. At competitions, the team shall sit together in the stands. **NO OTHER PEOPLE** should sit with the Kolleens. It is each Kolleens' responsibility to inform family or friends that they may not have non-Kolleen members accompany them during these periods. This is a time to be a team in front of others as well as on the dance floor. Spectators and fans may be greeted after the competition in the appropriate designated areas.
4. Each member shall have complete responsibility for care and upkeep of their costumes and other KBC accessories. Kolleens costumes are not personal property, and Kolleens do not have the right to loan out their costumes to any person or persons who are not a member of the Kolleens Dance Teams.
5. Any costume, garment bag or duffle bag not returned at the end of the season will result in a school hold. A hold will prevent you from getting your grades, going to dances, participating in other activities/sports, etc.
6. Money and all forms that must be turned in are very important. Continual or over-extended lateness of monies (unless worked out with the KBC treasurer) **will result in suspension and/or lettering of the dancer, along with not being able to purchase non mandatory team items** if seen fit by the coach. Payment plans may be set up if dancers/families need help, understandably. Kolleens is a lot of financial responsibility. Payment plans must be set up at least **ONE WEEK** prior to the due date of the money. If money is turned in late more than three times, a \$10 late fee shall be added on to the total amount due and be placed into the KBC account.
7. All expenses for the Kolleens Dance Teams must be taken care of before graduating, quitting, or being removed. This will affect further activity participation and/or graduation if the dancer and/or parent(s) fail to come current in the financial aspect.
8. If a Kolleen owes money to the Booster Club, she shall participate in non-mandatory fundraisers until the amount in dispute is paid in full.
9. No Kolleen may tryout for or start the next season unless she is current on all monetary issues.

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