

Article 1: Purpose and Mission

The Kolleens Dance Team is a cooperative group of dancers/athletes who strive to promote the vision of Bloomington Athletics. The goal is to promote school spirit and involvement, teamwork, dedication, strong work ethic and respect.

The mission of the Kolleens Dance Team is to provide dancers with a successful and meaningful educational experience. Team members have personal goals of high academic achievement, increasing their dance ability, learning effective time management, forming strong friendships, and learning to become a valuable team member.

The success of this team is due to the incredible dedication from the dancers, parent involvement and experienced coaches. Dancers exhibit great sportsmanship and positive attitudes toward teammates, competitors, school, and coaches.

Article 2: Auditions

Section I

Dancers between the grades of 7–12 are eligible to audition for the Fall Performance Kolleens Dance Team. Dancers between the grades of 6–12 are eligible to audition for the Winter Competitive Kolleens Dance Team. Auditions for each season will take place on or before the first week of the season. Dancers are invited to attend pre-season workshops and/or pre-season meeting to learn the details about the upcoming season's auditions. All dancers must audition for each season. The results of auditions will be announced to the dancers and are not open for dispute.

Section II

Auditions may be held throughout each season to determine whether a dancer will dance. There may also be placement decisions and changes to Varsity and JV members during Competition Season.

***All decisions are made by the coaching staff. Dancers will be given reasoning as to why a decision was made and what each dancer needs to do to continue to improve. Dancers must speak with the coach prior to a parent reaching out for an additional meeting. All additional meetings will include the coach, parent, and dancer.

Article 3: Eligibility

Eligibility is determined first by the rules established by Minnesota State High School League (MSHSL). In addition, a dancer's eligibility is dependent on making appropriate progress towards graduation by maintaining a C average, being current on ISD 271 athletic fees, Kolleens Booster Club participation fee and signatures from a parent/guardian and the dancer saying that all parties involved will abide by this constitution.

Article 4: Team Reputation and Representation

This dance team believes, "Once a Kolleen, always a Kolleen." Each member of the team must recognize that their choices, actions and behavior reflect the team year-round. It is the dancer's responsibility to maintain respect, communication, dedication, support and pride for the Kolleens. Each Kolleen must be a strong, trustworthy, and valuable team member.

- **RESPECT:** All dancers must show respect to coaches, team members, booster club, administration, and faculty. Respect the school facilities and property.
- **COMMUNICATION:** To provide a comfortable and successful environment all lines of communication must be open between coaches, captains, team members, and parents.
- **DEDICATION:** It is expected that when a dancer is in practice that she give 100% of her effort at all times. Furthermore, she must be at all practices and events fully prepared.
- **SUPPORT:** All coaches, dancers, and parents are expected to show support to our program. Without complete support from all groups, we cannot effectively continue to build a strong, cohesive team.
- **PRIDE:** Show pride in your role as a member of the Kolleens Dance Team and as representative of a Bloomington High School. It is an honor to be a part of this strong and successful tradition.
- ** Consequences for inappropriate actions will be determined by coaching staff and administration. MSHSL and ISD 271 rules will be followed.

Article 5: Practices and absences

Section I

All practices are mandatory. Arriving late to practice will only be excused with a note from a parent, teacher, or administrator. A dancer must notify all coaches prior to an absence. At the beginning of each season the coaches will provide instructions for how to notify each coach via cell phone. A message from another dancer will not be permitted as notification. If a dancer is taking a test after school, a pass from the teacher is required. Dancers must schedule work, doctor appointments and any other non-school related event around dance team practice.

A dancer must be in school to attend practice.

Excessive absences are taken seriously. After each unexcused absence during a season, the coaching staff will determine the appropriate consequence. If a dancer is

unexcused from practice three times during the season, she may no longer be offered the opportunity to complete the season.

If you are feeling too ill to practice, you should not be at practice. A dancer who sits out of practice due to an illness will be asked to go home. A dancer who sits out of practice or is absent from practice within a week before a performance or competition, may not be allowed to dance at the upcoming event.

Section II

Within the first week of the season a Dancer must notify the coaching staff of any medical condition and medication needs/instructions. It is the dancer's responsibility to manage their own health and medical needs.

Section IV

Dancers must wear appropriate attire to every practice. If a dancer chooses to wear shorts, they must be worn with tights. Dancers must always wear shoes. Dancers must wear at least one sports bra for adequate support. Hair and bangs must be kept out of a dancers face for the duration of practice. It is NOT allowable or appropriate for a dancer to show any of her mid-section during practice. Dancers must be prepared to wear more or less clothing layers based on the varying temperatures at each different practice location.

Article 6: Concerns and Conflicts

If a concern or conflict exists, the dancer must communicate such with any member of the coaching staff. If resolution is unattainable during such discussion, the dancer and parent may then meet with the coaching staff. If a resolution is still unattainable the Athletic Director will be called into the discussion.

Article 7: Fundraising

The coaching staff and booster club will create opportunities for each member of the Kolleens to fundraise to help in reducing costs associated with being a member of the team.

Article 8: Costumes

Section I

Costumes are owned by the Kolleens organization and are borrowed to each member of the team. Costumes must be kept clean and in good repair. They may ONLY be worn during Kolleens performances.

Section II

Upon receiving the borrowed costume, each dancer must inspect the costume for missing pieces, broken zippers, tears or other issues. If the dancer finds any issues, they must be documented prior to bringing the costume home.

If a costume receives damage after issue to a dancer, it is the dancer's responsibility to immediately repair the costume.

Section III

Kolleens are responsible for turning in costumes in clean and good condition. Dancers who do not return their costumes in full will have a "hold" put on their record at school, and they will be unable to attend school dances or request their transcript until the costume has been returned.

Article 9: Substance Abuse Policy

The use of alcohol, tobacco or illegal drugs will not be tolerated. All MSHSL rules will be strictly followed and enforced. Dancers will not receive a letter or participation bar if they receive a violation during the season.

Article 10: Varsity Lettering Policy

The dancer who fulfills the following requirements will receive a Varsity Letter Award at the conclusion of the Winter Competition Season:

- Maintain a C average
- Dances in at least 50% of all competition performance opportunities
- Current on all monies owed

BY LAWS

1. No hazing or ridicule of team members shall be permitted ever. All Kolleens will abide by the Student Code of Conduct and the rules of the MSHSL. Any violation will result in consequences given by the coach and administration.
2. Kolleens and the KBC will make no commitments for Kolleens performances or appearances without the permission of the head coach.
3. During the Fall Performance Season, the dance team members must stay together as a team, whether in the stands or on the sidelines prior to their performance. It is not appropriate to mingle with fans until after the performance.
4. During Winter Competition Season, at competitions, the dancers may visit friends and family after their performance if time allows. Dancers must inform their parents that they will not always be available to use their cell phones during a competition. Parents may contact a coach in the case of an emergency or if necessary.
5. Any costume, garment bag or duffle bag not returned at the end of the season will result in a school hold. A hold will prevent you from getting your grades, going to dances, participating in other activities/sports, etc.

6. All expenses related to the Kolleens Dance Teams must be taken care of before graduating, quitting, or upon being removed. Failure to pay will affect further activity participation and/or graduation.

7. A dancer will not be allowed to participate in auditions or start the next season until all balances are paid in full.

Dancer agreement

I, _____, have read the Kolleens Constitution in its entirety. I understand and agree to the ethics and codes presented within the constitution. I understand that all rules will apply immediately upon making the Kolleens Dance Team.

I have read the 2013 Bloomington Kolleens Social media guidelines, and agree to represent myself positively online and offline.

I will uphold the honor of being a Kolleen and all that is involved with being a member of this team.

Dancer's Signature _____ Date _____

Parent agreement

I (we), the parent(s)/guardian(s) of _____, have read and understand the rules and regulations stated in the Kolleens Constitution. I (we) pledge to be loyal fans and supporters of theKolleens. As the parent(s)/guardian(s) of a Kolleen, I (we) understand the guidelines set up for her and agree to stand by and enforce these guidelines.

Parent(s)/Guardian(s) Signature(s)

Date _____